

## VEGETABLE MAIN DISHES

|                                |       |
|--------------------------------|-------|
| Vegetable Curry Main Dish..... | £7.00 |
| Vegetable Korma .....          | £7.50 |
| Vegetable Danshak.....         | £7.50 |
| Vegetable Madras .....         | £7.50 |
| Vegetable Garlic.....          | £8.00 |
| Vegetable Rogan.....           | £8.00 |
| Vegetable Jalfrezi.....        | £8.00 |

## SUNDRY DISHES

|                                                                       |       |
|-----------------------------------------------------------------------|-------|
| Special Rice.....                                                     | £4.50 |
| Pilao Rice .....                                                      | £3.50 |
| Plain Rice .....                                                      | £3.20 |
| Mushroom Rice .....                                                   | £4.00 |
| Vegetable Rice.....                                                   | £4.00 |
| Keema Rice .....                                                      | £5.00 |
| Papadoms Plain .....                                                  | £0.90 |
| Papadoms Masala.....                                                  | £0.90 |
| Raitha Onions & cucumber.....                                         | £2.50 |
| Pickles Mango Chutny, Mint Sauce, Mix Pickle (Hot), Onion Salad ..... | £0.70 |

## INDIAN BREAD

|                                                  |       |
|--------------------------------------------------|-------|
| Nan .....                                        | £2.80 |
| Pashwari Nan .....                               | £3.80 |
| Keema Nan( Mince meat) .....                     | £4.20 |
| Butter Nan.....                                  | £3.20 |
| Dhanya Nan (Coriander) .....                     | £3.20 |
| Kulcha Nan Onions (Bread with fresh onions) .... | £3.20 |
| Panir Nan Cheese .....                           | £4.20 |
| Chilli Nan.....                                  | £3.60 |
| Garlic Nan .....                                 | £3.60 |
| Plain Paratha .....                              | £4.00 |
| Stuffed Paratha.....                             | £4.50 |
| Keema Paratha .....                              | £5.00 |
| Chapati.....                                     | £1.50 |
| Puri Fried bread.....                            | £1.50 |
| Tandoori Roti.....                               | £2.00 |

## ENGLISH DISHES

Served with chips, peas & tomatoes

|                           |        |
|---------------------------|--------|
| French Fried Chicken..... | £8.50  |
| Chicken Omelette .....    | £8.50  |
| Prawn Omelette .....      | £10.00 |
| Mushroom Omelette .....   | £8.50  |
| Green Salad.....          | £3.00  |
| Chips.....                | £3.00  |
| Fried Mushrooms.....      | £4.00  |

## SPECIAL SET MEALS

### SPECIAL TANDOORI SET MEAL

For Two.

Starter: Papadoms, Mixed Tandoori  
Main: Chicken Tikka Masala, Lamb Pasanda  
Side Dish: Mushroom Bajee, Pillao Rice & Nan  
Dessert: Vanilla Ice Cream or Indian Ice Cream

£45.00

### SPECIAL VEGETARIAN SET MEAL

For Two.

Starter: Papadoms, Vegetable Samosa & Onion Bajee  
Main: Special Rogan Vegetable Karai & Vegetable Thali,  
Pillao Rice & Nan  
Dessert: Vanilla Ice Cream or Indian Ice Cream

£45.00

### SPECIAL BALTI SET MEAL

For Two.

Starter: Papadoms, Samosa & Onion Bajee  
Main: Special Balti Chicken or Meat  
Side Dish: Cauliflower Bajee, Dry Vegetable,  
Pillao Rice & Nan  
Dessert: Vanilla Ice Cream or Indian Ice Cream

£45.00

### FOR THAT SPECIAL OCCASION

24 Hour notice required.

These dishes are prepared by marinating Whole Chicken or a Whole Leg of Lamb, roasted in low heat with chefs own Special Spices with Minced Meat and served with Vegetables, Rice and Salad.

#### Murghi Massalam

(For 2 Persons)

£60.00

#### Kurzi Lamb

(For 4 Persons)

£120.00

## HOW TO FIND US?



## OPENING HOURS

Open 7 days a week including Bank Holidays

Monday to Thursday: 5:00pm to 10:30pm

Friday to Sunday: 4:30pm to 10:30pm

Lunch Time Service Available on Request

## PARTY BOOKINGS

Special Party Menu is available on request  
(special discount for party bookings)

For parties we can organise set meals  
Pre-booked lunch time service also available



DAIRY EGGS WHEAT / GLUTEN PEANUT TREE NUTS



FISH SHELLFISH SOYA SESAME MUSTARD

### Allergy Advice

Some of our menu items may contain nuts, seeds and other allergens.  
Please ask a member of staff for more information

All prices are inclusive of VAT  
Management reserves the right to refuse admission  
Cash payments only on deliveries



# SHENSHA

BALTI & TANDOORI RESTAURANT

EST SINCE 1989

FULLY AIR CONDITIONED | AMPLE PARKING

## TAKE AWAY MENU

### FREE HOME

delivery service

within Aylesbury on orders  
over £20.00

### 10% DISCOUNT

on collection orders over £20

For a small delivery charge - we can deliver  
to all surrounding villages

### WE ARE UNLICENSED

for dine customers you may bring your own  
wine & beers - Soft drinks & Spirits excluded

No charge for corkage

Tel: 393781 | 397772

22 STOKE ROAD, AYLESBURY, BUCKS HP21 7TF

www.shensha.co.uk

STARTERS

|                                   |       |
|-----------------------------------|-------|
| Prawn on Puri.....                | £5.50 |
| Shame or Nargis Kebab .....       | £5.00 |
| Onion Bhajee.....                 | £4.00 |
| Samosa Meat or Veg .....          | £4.00 |
| Mulligatawny Soup.....            | £3.50 |
| Dall Soup .....                   | £3.50 |
| King Prawn Puri.....              | £7.00 |
| King Prawn Butterfly.....         | £6.00 |
| Garlic Mushroom .....             | £5.50 |
| Chaat Chicken or Aloo Chana ..... | £5.50 |
| Chicken Pakora.....               | £5.50 |

TANDOORI STARTERS

Marinated in herbs & spices and barbequed

|                                       |        |
|---------------------------------------|--------|
| Tandoori Sheek Kebab .....            | £5.00  |
| Chicken Tikka .....                   | £5.50  |
| Masala Fish .....                     | £6.50  |
| Tandoori Chicken .....                | £4.50  |
| Tandoori Mixed Starter (For two)..... | £12.00 |
| Lamb Tikka .....                      | £6.50  |

TANDOORI MAIN DISHES

|                                  |        |
|----------------------------------|--------|
| King Prawn Tandoori .....        | £18.00 |
| King Prawn Tandoori Masala ..... | £14.50 |
| Tandoori Chicken Main Half.....  | £8.00  |
| Tandoori Chicken Main Full ..... | £14.00 |
| Lamb Tikka Main .....            | £10.50 |
| Chicken Tikka Main .....         | £9.00  |
| Tandoori Mixed Grill .....       | £17.00 |
| Tandoori Masala.....             | £9.50  |
| Lamb Pasanda .....               | £10.50 |
| Chicken Tikka Masala .....       | £9.50  |

ORIENTAL DELICACIES

Served with vegetable curry

|                                     |        |
|-------------------------------------|--------|
| Chicken Biryani.....                | £9.00  |
| Meat Biryani .....                  | £10.00 |
| Vegetable Biryani .....             | £8.50  |
| Egg Biryani .....                   | £8.50  |
| Prawn & Mushroom Biryani.....       | £11.00 |
| Persian Prawn Pulao .....           | £12.00 |
| Persian Meat Pulao .....            | £11.00 |
| Persian Chicken Pulao .....         | £10.00 |
| Chicken Tikka Biryani .....         | £10.50 |
| Kashmiri Biryani (Fairly hot.)..... | £11.00 |
| King Prawn Biryani .....            | £14.50 |

HOUSE SPECIALITIES

|                                                                                                                                                                                    |        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| Garlic Chicken or Lamb .....                                                                                                                                                       | £9.50  |
| Barecued tikka cooked with fresh garlic in a medium sauce.                                                                                                                         |        |
| Butter Chicken.....                                                                                                                                                                | £9.50  |
| Barbecued chicken tikka cooked with almonds and sultanas, garnished with a touch of butter.                                                                                        |        |
| Curry Cocktail .....                                                                                                                                                               | £9.50  |
| Chunks of barbecued lamb and chicken, blended with medium masala sauce, topped off the grill tomatoes, onion and capsicum.                                                         |        |
| Prawn or Chicken or Lamb Rara .....                                                                                                                                                | £10.00 |
| Medium or mild, cooked with capsicum, onion, coconut, yoghurt, special spices & herbs.                                                                                             |        |
| Hari Mircha Boona Gosht.....                                                                                                                                                       | £10.00 |
| Tender lamb pieces cooked with fresh chillies, coriander, tomatoes & spices.                                                                                                       |        |
| Karai Kebab Khybery .....                                                                                                                                                          | £9.50  |
| A speciality of the Khyber, minced kebab cooked in khybery spices with tomatoes, capsicum, and served in the traditional karai.                                                    |        |
| Murgh or Lamb Bemisall .....                                                                                                                                                       | £10.00 |
| Traditional prepared tikka cooked with onions, root ginger, tomato & coriander.                                                                                                    |        |
| Chicken or Meat Rojothi.....                                                                                                                                                       | £10.00 |
| Medium hot. Cooked with fresh ground spices, topped with mushrooms, tomatoes & fried garlic.                                                                                       |        |
| Murghi Masala .....                                                                                                                                                                | £10.00 |
| Tikka cooked with minced meat and a variety of spices.                                                                                                                             |        |
| Lamb Sagarana .....                                                                                                                                                                | £10.00 |
| Cubes of tikka marinated in special home-made fresh spicy sauce, mince ball and boiled egg, tomatoes, onion, capsicum, fresh mint and coriander. Garnishes with fresh green salad. |        |
| Chicken Makani .....                                                                                                                                                               | £10.00 |
| Mild herbs & spices, fresh cream, almonds & coconut.                                                                                                                               |        |
| Chicken or Meat Mirch Masala.....                                                                                                                                                  | £10.00 |
| Peppers & green chillies with variety of spices tossed with chicken in hot sauce.                                                                                                  |        |
| Heraily Salmon.....                                                                                                                                                                | £10.50 |
| Salmon cooked with peppers and green chillies, fresh herbs and spices.                                                                                                             |        |

SHENSHA SPECIAL DISHES

|                                 |        |
|---------------------------------|--------|
| Shensha Special Biryani.....    | £12.00 |
| Shensha Special Curry.....      | £9.50  |
| Shaslik Chicken Tikka .....     | £9.50  |
| Shensha King Prawn Delight..... | £14.00 |

SHELLFISH CURRY DISHES

Rice not included

|                        |        |
|------------------------|--------|
| Prawn Curry .....      | £8.00  |
| Prawn Madras .....     | £8.50  |
| Prawn Vindaloo .....   | £8.50  |
| Prawn Patia.....       | £9.00  |
| Prawn Malaya.....      | £9.00  |
| Prawn Korma.....       | £9.00  |
| Prawn Boona.....       | £9.00  |
| Prawn & Mushroom ..... | £9.50  |
| King Prawn Boona.....  | £12.50 |

CHICKEN CURRY DISHES

Off the bone, off skin, top grade roasters. Rice not included.  
Breast off the bone only

|                                                   |       |
|---------------------------------------------------|-------|
| Chicken Curry .....                               | £7.00 |
| Chicken Korma (Very mild) .....                   | £7.50 |
| Chicken Madras (Fairly hot) .....                 | £7.50 |
| Chicken Ceylon (Coconut, hot, sweet & sour) ..... | £7.50 |
| Chicken Vindaloo (Very hot) .....                 | £8.00 |
| Chicken Boona.....                                | £7.50 |
| Chicken Malaya (Pineapple, sweet & sour) .....    | £7.50 |
| Chicken Tikka Bhoona .....                        | £8.50 |
| Chicken Kashmir (Peaches & pineapple).....        | £7.50 |
| Chicken & Mushroom .....                          | £8.00 |
| Chicken Dupeaza (Onion & tomato flavour).....     | £8.00 |
| Chicken Masala (with Cream & Egg).....            | £8.00 |
| Chicken Bombay (With potato) .....                | £8.00 |
| Chicken Dansak (With lentils, hot) .....          | £8.00 |
| Chicken Patia (Dry, hot & sweet) .....            | £8.00 |
| Kashmir Karai Chicken .....                       | £9.50 |
| Chicken Tikka Jalfrezi .....                      | £9.50 |

MEAT CURRY DISHES

Top grade mutton. Rice not included

|                                                     |       |
|-----------------------------------------------------|-------|
| Meat Curry .....                                    | £8.00 |
| Meat Korma (Very mild) .....                        | £8.50 |
| Meat Madras (Fairly hot) .....                      | £8.50 |
| Meat Ceylon (Coconut, hot, sweet & sour) .....      | £8.50 |
| Meat Vindaloo (Very Hot) .....                      | £8.50 |
| Meat Boona (Dry, medium curry).....                 | £8.50 |
| Meat & Mushroom .....                               | £8.50 |
| Rogan Josh .....                                    | £8.50 |
| Meat Bengal (With egg & tomato) .....               | £8.50 |
| Meat Dansak (With lentils, hot, sweet & sour) ..... | £8.50 |
| Meat Bengal Masala .....                            | £9.00 |
| Meat Meathi .....                                   | £9.00 |
| Keema Curry .....                                   | £9.00 |
| Keema Mutter.....                                   | £9.50 |
| Keema Saag .....                                    | £9.50 |

FISH DELICACIES

Fish delicacies are available in other combinations  
and can be modified to any strength

|                                                            |        |
|------------------------------------------------------------|--------|
| Salmon Chilli Masala (Salmon, cooked in masala sauce) .... | £10.00 |
| Salmon Balti (Salmon, cooked in balti sauce) .....         | £10.00 |
| Salmon Jalfrazi (Salmon, cooked in jalfrezi sauce) .....   | £10.00 |
| Masala Fish (Cod fried with special spices) .....          | £10.00 |
| Fish Boona (Cod in boona sauce) .....                      | £10.00 |
| Fish Dansak (Cod in dansak sauce).....                     | £10.00 |
| Fish Balti (Cod in balti sauce) .....                      | £10.00 |

BALTI DISHES

Balti dishes are cooked with green peppers, fresh chillies, meathi leaves and fresh coriander. Balti dishes are medium hot, but can be modified to any strength

|                                         |        |
|-----------------------------------------|--------|
| Keema Balti (Minced chicken).....       | £9.50  |
| Chicken Sag Balti .....                 | £9.50  |
| Prawn & Mushroom Balti .....            | £10.00 |
| Chicken Tikka Balti.....                | £9.50  |
| Chicken Tikka Chana Balti .....         | £10.00 |
| Shensha Special Balti.....              | £10.00 |
| Bemisall Balti .....                    | £10.00 |
| Keema Saag Balti (Minced chicken) ..... | £10.00 |
| Mixed Vegetable Balti.....              | £8.50  |
| Chicken Danshak Balti .....             | £9.50  |
| Chicken Masala Balti.....               | £9.00  |
| King Prawn Balti.....                   | £12.50 |
| Chicken Rogan Balti .....               | £9.50  |
| Chicken Jalfrezi Balti .....            | £9.50  |
| Lamb Tikka Balti .....                  | £10.50 |
| Chicken & Meat Balti .....              | £10.50 |
| Chicken Balti.....                      | £9.00  |
| Prawn Balti.....                        | £10.00 |
| Chicken Chana Balti.....                | £9.50  |

VEGETABLE SIDE DISHES

|                                                             |       |
|-------------------------------------------------------------|-------|
| Tarka Dall (Lentils with fried garlic).....                 | £4.50 |
| Bindi Curry.....                                            | £4.50 |
| Mushroom Curry.....                                         | £4.50 |
| Vegetable Curry.....                                        | £4.50 |
| Masala Dall (Lentils with herbs & spices, no garlic.) ..... | £4.50 |

BAJEE

Dry & spicy vegetables

|                                          |       |
|------------------------------------------|-------|
| Chana Masala (Chick peas) .....          | £4.70 |
| Mushroom Bajee .....                     | £4.70 |
| Alo Sag (Spinach & potato).....          | £4.70 |
| Sag Panir .....                          | £5.50 |
| Onion Bajee Main.....                    | £3.50 |
| Bindi Bajee (Ladies fingers, okra) ..... | £4.70 |
| Cauliflower Bajee .....                  | £4.70 |
| Mutter Panir.....                        | £5.50 |
| Bringal Bajee (Aubergines) .....         | £4.70 |
| Alo Gobi Panir.....                      | £5.50 |
| Dry Vegetables .....                     | £4.70 |
| Sag Bajee (Spinach) .....                | £4.70 |
| Bombay Potato .....                      | £4.70 |
| Alo Gobi(Potatoes & cauliflower).....    | £4.70 |